

<p style="text-align: center;">BRAES HIGH SCHOOL COVID-19 Guidance for parents/carers and pupils (May 2022)</p>

Routine Protective Measures

Stay home guidance

The guidance on symptoms of a respiratory infection, including COVID-19, has changed in Scotland. If you have symptoms of a respiratory infection, such as COVID-19, and you have a high temperature or are too unwell to carry out normal activities, stay at home and avoid contact with other people, until you no longer have a high temperature (if you had one) or until you no longer feel unwell.

Children and young people aged 18 and under with mild symptoms such as a runny nose, sore throat or a slight cough, who are otherwise well, do not need to stay at home and can continue to attend education settings.

Children and young people should only stay at home if they are unwell and have a high temperature. They can go back to school and resume normal activities when they no longer have a fever and they feel well enough to attend. [NHS Inform have published more information.](#)

Hygiene

Everyone should continue to ensure good hand hygiene, washing and sanitising hand regularly throughout the day, and ensuring we continue to wipe down surfaces.

Ventilation

Windows will be open periodically to ensure learning spaces are well ventilated. Pupils can wear jackets in class if temperatures drop. Normal school uniform should be worn.

Face Coverings

Pupils and staff do not require to wear face coverings during lessons. Although now not mandatory, pupils and staff are still encouraged to wear a face covering when in communal areas and on school transport. Anyone who wishes to wear a face covering will be strongly supported in doing so.

One Way system

The one way system will change to what is noted below:

Ground floor – pupils can move in either direction.

First floor – pupils move from the Modern Languages end to the Science end

Second floor – pupils move from the Humanities end to the Mathematics end

Testing

The advice for pupils and staff to take Lateral Flow Tests no longer applies..

Classroom seating layouts

These may be slightly different for pupils in some lessons, or at some times during lessons, to support more interactive learning when appropriate.